


<b>Name:</b>	 Dr Palak Mehta
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<b>Contact Details:</b>	9825347957
<b>Date of birth:</b>	5-2-1980
<b>Profession &amp; position held:</b>	
<b>Award</b>	She has been awarded as <b>Pain Ambassador</b> for the year 2016-2017 during ICRA-PAIN 2017
1. Professor/ HOD/Director of department or organization	<ul style="list-style-type: none"> <li>• <b>Director</b> : Pain Care Clinic, Ahmedabad</li> <li>• <b>Visiting Consultant</b> HCG Multi Specialty Hospital. Ahmedabad &amp; Nidhi Hospital</li> </ul>
2. Associate Prof or similar of national university/institution	
3. Lecturer of national university/institution	
4. Lecturer/Prof of overseas university/institution	<b>Visiting lecturer/ Faculty</b> : Padjadran University,Bandung, <b>Indonesia</b>
5. Full time pain practice (NOT part time with other specialty)	Full time Consultant Pain Specialist
<b>Educational qualification:</b>	
1. MD or equivalent in allied subjects	MD- Anesthesiology (July 2006)
2. Diploma (like DA) or equivalent in allied subjects	M.B.B.S ( June 2003)
3. Fellowship in pain management	<b>AAFIPM-Aesculap Academy Fellowship in Interventional Pain Management- At Daradia Pain Clinic, Kolkata</b>
4. Observership in pain management	<b>Observer in FIPP Exam</b> in Miami, USA ( Feb- 2012) & Maastricht , Netherland ( June-2013)
5. FIPP	<b>FIPP</b> (Fellow in Interventional Pain Practice)–Maastricht, Netherlands, June 2011
<b>Publications and awards:</b>	
1. Articles in peer-reviewed pain journal	<ul style="list-style-type: none"> <li>• <b>Clinical report:</b> Palak Mehta. Development of Thoracic Facet Pain after cervical traction-Aclinical report. <b>Indian Journal Of Pain 2012; 26 (1):49-50</b></li> <li>• <b>Review Article</b> : Sonai Datta, P.Mehta et al. Radio Frequency Procedures for management of Knee Pain due</li> </ul>

	<p>to Osteoarthritis. <b>Indian Journal Of Pain 2012; 26 (2): 90-98</b></p> <ul style="list-style-type: none"> <li>• <b>Editorial:</b> G.das, P. Mehta. Diagnosis of Pain Syndrome; Role of History &amp; Diagnostic Interventions. <b>Indian Journal Of Pain 2012 ; 26 (2): 67-69</b></li> <li>• <b>Clinical report:</b> Meera Sayani, Palak Mehta et al. Sacroiliac Joint Arthropathy and Piriformis Syndrome may mimic lower limb Radiculopathy. <b>Indian Journal Of Pain 2012; 26 (2) : 122-127.</b></li> <li>• <b>Case Report:</b> Awisul Ghazali, Palak Mehta et al. Pain of Chronic Sacro-Iliac Joint Arthropathy: Managed Successfully With Conventional Bipolar Radiofrequency Procedure. <b>Anesthesiology and Pain Medicine 2012; 1 (3), 191-193</b></li> <li>• <b>Review Article:</b> K Sardar, P. Mehta et al. Sacroiliac Joint Arthropathy and Low Back Pain. <b>Journal of Bangladesh Society of Anesthesiologists 2009; 22 (2): 78-83</b></li> </ul>
2. Abstracts in international/overseas pain conference	<ul style="list-style-type: none"> <li>• <b>Poster presentation</b> on “Safety in Interventional Pain Management” at <b>6<sup>th</sup> World Pain Congress</b> Organized by World Institute of Pain at Miami, USA – 4-7 February, 2012</li> <li>• <b>Poster presentation</b> on “Failed Back Surgery Syndrome: A new approach” at <b>6<sup>th</sup> World Pain Congress</b> Organized by World Institute of Pain at Miami, USA – 4-7 February, 2012</li> </ul>
3. Abstracts in national/state pain conference	<ul style="list-style-type: none"> <li>• <b>Paper</b> “Anaesthetic Management of a 4 month old patient having recurrent diaphragmatic eventration of right side.” Palak Modi et al, in ISACON-2004 at Bhopal.</li> <li>• <b>Paper on</b> “Awake Intubation in Quadriparetic patient having traumatic atlanto axial dislocation &amp; fracture at C4-C5 level with cord compression.” Palak Modi et al, in ISACON-2004 at Bhopal.</li> </ul>
4. Reviewer of peer reviewed pain journal	<b>Reviewer</b> of Indian Journal of Pain
5. Associate/assistant editor of peer reviewed pain journal	<b>Associate Editor</b> of Indian Journal Of Pain
6. Chief editor of peer reviewed pain journal	
7. Book chapter contribution in pain management book	<ul style="list-style-type: none"> <li>• <b>Contributed Chapter in Spanish Pain Medicine book <i>Progresos en Educación, Investigación y Práctica Clínica del Tratamiento Intervencionista del Dolor</i></b> is "Interventions in knee pain: Radio-frequency and other procedures" edited by Juan Carlos Flores.</li> <li>• <b>Contributed 2 book chapters</b> in book “How to start</li> </ul>

	and run a Pain Clinic” Edited by Dr Gautam Das which will be released on First World Pain Symposium –November, 2013
8. Author/co-author of pain management book	<b>Author</b> of “ Handbook on Interventional Pain Management” released in ICIPM-2011 <b>Chief Editor of book</b> “ How to start & run a Pain Clinic”
9. National award in abstract or publication or similar award	
10. International award in abstract or publication or similar award	
<b>Conference attendance:</b>	
1. Attendance of national/state pain conference/workshop as delegate	<ul style="list-style-type: none"> <li>• Attended National Pain Conference ISSPCON-Feb,2006 at Ahmedabad.</li> <li>• Attended Cadaveric Workshop On Interventional Pain Procedures at Ahmedabad- March 2009</li> <li>• Attended National Pain Conference ISSPCON-April,2010 at Jabalpur</li> <li>• Ozone Therapy Workshop/ Training At Bombay- April 2010</li> </ul>
2. Attendance of overseas pain conference/workshop as delegate	<ul style="list-style-type: none"> <li>• Attended WIP Benelux-2011 Conference and Cadaver Workshop at Maastricht,Nehterland – June 2011</li> <li>• Attended 6<sup>th</sup> World Congress on Pain at Miami, Florida, USA in February,2012.</li> <li>• Attended WIP Benelux-2013 Conference and USG guided Workshop at Maastricht,Nehterland – June 2013</li> </ul>
3. Attendance of national pain conference/workshop as <b>FACULTY</b>	<ul style="list-style-type: none"> <li>• <b>Invited as a Faculty in Update on Pain</b> July,2010 at Khammam, AP</li> <li>• <b>Invited as a Faculty in WIP endorsed 2<sup>nd</sup> FIPP review course</b> in Dec 2010 at Kolkata</li> <li>• <b>Invited as a Faculty in National Pain Conference</b> ISSPCON- Feb,2011 at Chandigarh</li> <li>• <b>Invited as a Faculty in Live WorkShop</b> on Interventional Pain Management &amp; regional Anaesthesia ( IMS-ACME-2011) organized by IMS and SUM Hospital at Bhubaneshwar, Nov 2011.</li> <li>• <b>Invited as a Faculty in PAINCON- 2011</b> at Guwahati organized by GNRC Hospitals- December 2011.</li> <li>• <b>Invited as a Faculty in National Pain Conference</b> ISSPCON-Feb,2012 at Banglore</li> <li>• <b>Invited as a Faculty in CME in pain management</b> at Ranchi Trust hospital, April 2012 Ranchi</li> <li>• <b>Invited as a Faculty at MISS (Minimal Invasive Spine Surgery ) Workshop</b> – June 2012 at Goa</li> <li>• <b>Invited as a Faculty</b> at Video Operative Spine Course –</li> </ul>

	<p>July 2012 at Ahmedabad.</p> <ul style="list-style-type: none"> <li>• <b>Invited as a Faculty on pain management State Anaesthesia Conference- WISACON-October ,2012 at Gujarat</b></li> <li>• <b>Invited as a Faculty in National Pain Conference ISSPCON-Feb 2013 at Nagpur</b></li> <li>• <b>Invited as a Faculty at CME on Pain</b> organized by ISA, Surat in July 2013 at Gujrat</li> <li>• <b>Invited as a Faculty at CME on Pain Update</b> organized by Baroda Orthopedic association on July,2013 at Baroda</li> <li>• <b>Invited as Faculty in Pain Workshop at ISACON ( National Anaesthesia Conference) at Guwahati, December 2013.</b></li> <li>• <b>Invited as a Faculty in National Pain Conference ISSPCON-Feb 2014 at Mumbai.</b></li> <li>• <b>Invited as a Faculty in National Pain Conference ISSPCON- Feb 2015 at Chennai</b></li> <li>• <b>Invited as a Faculty in National Pain Conference ISSPCON- Feb 2016 at Indore</b></li> <li>• <b>Invited as a Faculty in National Pain Conference ISSPCON- Feb 2017 at Jaipur</b></li> <li>• <b>Invited as a Faculty in National Pain Conference AIM-P – April 2017</b></li> <li>• <b>Invited as a Faculty in ISACON-West Zone at Bhavnagar – Sept 2016</b></li> </ul>
<p>4. Attendance of international pain conference/workshop as <b>FACULTY</b></p>	<ul style="list-style-type: none"> <li>• <b>Invited as a Faculty speaker at ICRAPM ( International Conference on Regional Anaesthesia and Pain Management) Septmeber-2010 Tehran, Iran</b></li> <li>• <b>Invited as a Faculty in Conference and Cadaveric Workshop at ICIPM (International Conference on Intervention Pain Management) September-2011 at Chennai.</b></li> <li>• <b>Invited as a Faculty in Conference and Cadaveric Workshop at ICIPM (International Conference on Intervention Pain Management) August- 2012 at Delhi</b></li> <li>• <b>Invited as a Faculty in Workshop on “Interventional Pain Management; Hands on Cadaveric Workshop” held at Padjadjaran University, 17-19th Dec 2012 at Bandung, Indonesia.</b></li> <li>• <b>Invited as a Faculty (speaker) in at 1<sup>st</sup> World Pain Symposium &amp; 3<sup>rd</sup> ICIPM (International Conference on Intervention Pain Management) November, 2013 at Kolkata.</b></li> <li>• <b>Invited as a Faculty in Workshop on “Advanced Interventional Pain Management; Hands on Cadaveric &amp; Live case Workshop” held at Padjadjaran University, 4-11th March 2014 at Bandung, Indonesia.</b></li> </ul>

	<ul style="list-style-type: none"> <li>Invited as Faculty in Dhaka ,Bangladesh for Pain Conference in March, 2015</li> <li>Invited as a Faculty in International Pain Conference on Recent Advances ( ICRA-PAIN ) at Pune in August-2017</li> </ul>
<b>Conference/workshop organizer:</b>	
1. Organizer as chairman/secretary or equivalent post in international conference	<b>Organizing secretary of 7<sup>th</sup> SARPS ( South Asian Regional Pain Society) Congress, Ahmedabad. 22<sup>nd</sup>-24<sup>th</sup> August,2014</b>
2. Organizer other than these posts in international conference	Organizer (as member of scientific committee) at 1 <sup>st</sup> ICIPM at Chennai Organizer (as member of scientific committee) at 2 <sup>nd</sup> ICIPM, at New Delhi
3. Organizer as chairman/secretary or equivalent post in national/state conference	
4. Organizer other than these posts in national/state conference	
<b>Awareness program/ voluntary services/donations in pain management</b>	
1. Free pain management camps for poor	Organized Free camps in developing parts of Gujarat & Rajasthan like <ul style="list-style-type: none"> <li>Botad</li> <li>Surendranagar</li> <li>Lunavada</li> <li>Aanand, Karamsad</li> <li>Himmatnagar</li> <li>Kutchh-Bhuj</li> <li>Dungarpur (Rajasthan)</li> <li>Sagwada (Rajasthan)</li> </ul>
2. Voluntary/free services in charitable hospital for poor or similar activities	Running Pain Clinic at Thakarshi Charitable Hospital for poor patients
3. Donation for pain treatment/awareness activities for Rs 1 lakh or 2000USD or more	<ul style="list-style-type: none"> <li>At Pain Care clinic , Consultation is done at 50% of routine charge &amp; sometimes absolutely free for patients having BPL (Below Poverty line )Card.</li> <li>Interventional Pain procedures are also done at 50% of cost.</li> </ul>
4. Free web based pain consultation	It is Done through our Website: <a href="http://www.paincareclinic.in">www.paincareclinic.in</a>
5. Pain awareness lectures for lay people	They are Organized at different association which are mentioned below

	<ul style="list-style-type: none"> <li>• Rotary Club of Ahmedabad, Vasna.</li> <li>• Rotary Club of Mehsana.</li> <li>• Ahmedabad Physitherapy Association</li> <li>• Elder People Association</li> <li>• Blind People association</li> <li>• Rajkot Trust</li> <li>• Rajkot Ortho association</li> <li>• Lunavada doctors assoiciation</li> <li>• Modasa Doctors association</li> <li>• Ghatlodiya Medical Association</li> <li>• Sabarmati Medical Association</li> <li>• Ahmedabad Medical Association</li> <li>• HCG- physicians associations</li> <li>• Asarwa Medical Association</li> <li>• Physiotherapy Association</li> <li>• Juhapura Medical association</li> <li>• Ranip Medical association</li> <li>• <b>Sarkhej Juhapura Medical Association</b></li> <li>• <b>Bopal Medical Association</b></li> <li>• <b>Saraspur Medical Association</b></li> <li>• <b>Maninagar Medical Circle</b></li> <li>• <b>Gomtipur Medical Association</b></li> <li>• <b>Indian Association of Physiotherapy</b></li> <li>• <b>Indian Medical Association</b></li> <li>• <b>CME Forum (Vejalpur, Memnagar, Vastrapur, Thaltej, Jivrajpark)</b></li> <li>• <b>CME Vadaj</b></li> <li>• <b>Maninagar Medical Association</b></li> <li>• <b>Dr Yasin Patel (Juhapura)</b></li> <li>• <b>Surendranagar Medical Association</b></li> <li>• <b>Dholka Medical Association</b></li> <li>• <b>Dehgam Medical Association</b></li> <li>• <b>Heritage City Medical Association</b></li> <li>• <b>Rotary Club</b></li> </ul>
<p>6. Articles in magazine or newspaper for pain Awareness</p>	<p>Articles &amp; News about below mentioned conditions are published in Leading News Papers like <b>Gujarat Samachar, Akila, Sanjh Samachar, Divya Bhaskar, Gujarat Today</b></p> <ul style="list-style-type: none"> <li>• Low back pain</li> <li>• Slipped disc &amp; sciatica</li> <li>• Headache &amp; its management,</li> <li>• Neck pain &amp; its management</li> <li>• Frozen shoulder &amp; its Management</li> <li>• Joints Pain like Knee Pain &amp; its Management</li> <li>• Trigeminal Neuralgia &amp; its Management</li> <li>• CRPS &amp; its Management</li> <li>• Cancer Pain &amp; its Management</li> <li>• Post Pregnancy Back Pain &amp; its Management</li> </ul>

	<ul style="list-style-type: none"> <li>• Diabetic Neuropathy &amp; its Management</li> <li>• Upper Limb Pain &amp; its management</li> <li>• Radiofrequency Procedures</li> </ul>
7. Television talk show for awareness	<ul style="list-style-type: none"> <li>• Talk shows on TV 9 channel for 2 times</li> <li>• Health talk on Sandesh News Channel for 2times</li> <li>• Talk show on Girnar TV for one time</li> <li>• Health show on V tv</li> <li>• Hea</li> </ul>