


Name:	 Dr Palak Mehta
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Date of birth:	5-2-1980
Profession & position held:	
Award	She has been awarded as Pain Ambassador for the year 2016-2017 during ICRA-PAIN 2017
1. Professor/ HOD/Director of department or organization	<ul style="list-style-type: none"> • Director : Pain Care Clinic, Ahmedabad • Visiting Consultant HCG Multi Specialty Hospital. Ahmedabad & Nidhi Hospital
2. Associate Prof or similar of national university/institution	
3. Executive member of Indian Society for Study of Pain (ISSP)	
4. First in Gujarat to receive Fellowship in Indian Academy of Pain Medicine	
5. Lecturer of national university/ institution	
6. Lecturer/Prof of overseas university/institution	Visiting lecturer/ Faculty : Padjadran University,Bandung, Indonesia
7. Full time pain practice (NOT part time with other specialty)	Full time Consultant Pain Specialist
Educational qualification:	
1. MD or equivalent in allied subjects	MD- Anesthesiology (July 2006)
2. Diploma (like DA) or equivalent in allied subjects	M.B.B.S (June 2003)
3. Fellowship in pain management	AAFIPM -Aesculap Academy Fellowship in Interventional Pain Management- At Daradia Pain Clinic, Kolkata

4. Observership in pain management	Observer in FIPP Exam in Miami, USA (Feb- 2012) & Maastricht , Netherland (June-2013)
5. FIPP	FIPP (Fellow in Interventional Pain Practice)–Maastricht, Netherlands, June 2011
Publications and awards:	
1. Articles in peer-reviewed pain journal	<ul style="list-style-type: none"> • Clinical report: Palak Mehta. Development of Thoracic Facet Pain after cervical traction–Aclinical report. Indian Journal Of Pain 2012; 26 (1):49-50 • Review Article : Sonai Datta, P.Mehta et al. Radio Frequency Procedures for management of Knee Pain due to Osteoarthritis. Indian Journal Of Pain 2012; 26 (2): 90-98 • Editorial: G.das, P. Mehta. Diagnosis of Pain Syndrome; Role of History & Diagnostic Interventions. Indian Journal Of Pain 2012 ; 26 (2): 67-69 • Clinical report: Meera Sayani, Palak Mehta et al. Sacroiliac Joint Arthropathy and Piriformis Syndrome may mimic lower limb Radiculopathy. Indian Journal Of Pain 2012; 26 (2) : 122-127. • Case Report: Awisul Ghazali, Palak Mehta et al. Pain of Chronic Sacro-Iliac Joint Arthropathy: Managed Successfully With Conventional Bipolar Radiofrequency Procedure. Anesthesiology and Pain Medicine 2012; 1 (3), 191-193 • Review Article: K Sardar, P. Mehta et al. Sacroiliac Joint Arthropathy and Low Back Pain. Journal of Bangladesh Society of Anesthesiologists 2009; 22 (2): 78-83
2. Abstracts in international/overseas pain conference	<ul style="list-style-type: none"> • Poster presentation on “Safety in Interventional Pain Management” at 6th World Pain Congress Organized by World Institute of Pain at Miami, USA – 4-7 February, 2012 • Poster presentation on “Failed Back Surgery Syndrome: A new approach” at 6th World Pain Congress Organized by World Institute of Pain at Miami, USA – 4-7 February, 2012
3. Abstracts in national/state pain conference	<ul style="list-style-type: none"> • Paper “Anaesthetic Management of a 4 month old patient having recurrent diaphragmatic eventration of right side.” Palak Modi et al, in ISACON-2004 at Bhopal. • Paper on “ Awake Intubation in Quadriparetic patient having traumatic atlanto axial dislocation & fracture at C4-C5 levell with cord compression.” Palak Modi et al, in ISACON-2004 at Bhopal.
4. Reviewer of peer reviewed pain journal	Reviewer of Indian Journal of Pain
5. Associate/assistant editor of peer reviewed pain journal	Associate Editor of Indian Journal Of Pain
6. Chief editor of peer reviewed pain journal	

<p>7. Book chapter contribution in pain management book</p>	<ul style="list-style-type: none"> • Contributed Chapter in Spanish Pain Medicine book Progresos en Educación, Investigación y Práctica Clínica del Tratamiento Intervencionista del Dolor is "Interventions in knee pain: Radio-frequency and other procedures" edited by Juan Carlos Flores. • Contributed 2 book chapters in book “ How to start and run a Pain Clinic” Edited by Dr Gautam Das which will be released on First World Pain Symposium –November, 2013
<p>8. Author/co-author of pain management book</p>	<p>Author of “ Handbook on Interventional Pain Management” released in ICIPM-2011 Chief Editor of book “ How to start & run a Pain Clinic”</p>
<p>9. National award in abstract or publication or similar award</p>	
<p>10. International award in abstract or publication or similar award</p>	
<p>Conference attendance:</p>	
<p>1. Attendance of national/state pain conference/workshop as delegate</p>	<ul style="list-style-type: none"> • Attended National Pain Conference ISSPCON-Feb,2006 at Ahmedabad. • Attended Cadaveric Workshop On Interventional Pain Procedures at Ahmedabad- March 2009 • Attended National Pain Conference ISSPCON-April,2010 at Jabalpur • Ozone Therapy Workshop/ Training At Bombay- April 2010
<p>2. Attendance of overseas pain conference/workshop as delegate</p>	<ul style="list-style-type: none"> • Attended WIP Benelux-2011 Conference and Cadaver Workshop at Maastricht,Nehterland – June 2011 • Attended 6th World Congress on Pain at Miami, Florida, USA in February,2012. • Attended WIP Benelux-2013 Conference and USG guided Workshop at Maastricht,Nehterland – June 2013

3. Attendance of national pain conference/workshop as **FACULTY**

- **Invited as a Faculty in Update on Pain July,2010** at Khammam, AP
- **Invited as a Faculty in WIP endorsed 2nd FIPP review course in Dec 2010** at Kolkata
- **Invited as a Faculty in National Pain Conference ISSPCON- Feb,2011** at Chandigarh
- **Invited as a Faculty in Live WorkShop** on Interventional Pain Management & regional Anaesthesia (IMS-ACME-2011) organized by IMS and SUM Hospital at Bhubaneshwar, Nov 2011.
- **Invited as a Faculty in PAINCON- 2011** at Guwahati organized by GNRC Hospitals- December 2011.
- **Invited as a Faculty in National Pain Conference ISSPCON-Feb,2012** at Bangalore
- **Invited as a Faculty in CME in pain management** at Ranchi Trust hospital, April 2012 Ranchi
- **Invited as a Faculty at MISS (Minimal Invasive Spine Surgery) Workshop – June 2012** at Goa
- **Invited as a Faculty at Video Operative Spine Course – July 2012** at Ahmedabad.
- **Invited as a Faculty on pain management State Anaesthesia Conference- WISACON-October ,2012** at Gujarat
- **Invited as a Faculty in National Pain Conference ISSPCON-Feb 2013** at Nagpur
- **Invited as a Faculty at CME on Pain** organized by ISA, Surat in July 2013 at Gujrat
- **Invited as a Faculty at CME on Pain Update** organized by Baroda Orthopedic association on July,2013 at Baroda
- **Invited as Faculty in Pain Workshop at ISACON (National Anaesthesia Conference)** at Guwahati, December 2013.
- **Invited as a Faculty in National Pain Conference ISSPCON-Feb 2014** at Mumbai.
- **Invited as a Faculty in National Pain Conference ISSPCON- Feb 2015** at Chennai
- **Invited as a Faculty in National Pain Conference ISSPCON- Feb 2016** at Indore
- **Invited as a Faculty in National Pain Conference ISSPCON- Feb 2017** at Jaipur
- **Invited as a Faculty in National Pain Conference AIM-P – April 2017**
- **Invited as a Faculty in ISACON-West Zone at Bhavnagar – Sept 2016**

<p>4. Attendance of international pain conference/workshop as FACULTY</p>	<ul style="list-style-type: none"> • Invited as a Faculty speaker at ICRAPM (International Conference on Regional Anaesthesia and Pain Management) Septmeber-2010 Tehran, Iran • Invited as a Faculty in Conference and Cadaveric Workshop at ICIPM (International Conference on Intervention Pain Management) September-2011 at Chennai. • Invited as a Faculty in Conference and Cadaveric Workshop at ICIPM (International Conference on Intervention Pain Management) August- 2012 at Delhi • Invited as a Faculty in Workshop on “Interventional Pain Management; Hands on Cadaveric Workshop” held at Padjadjaran University, 17-19th Dec 2012 at Bandung, Indonesia. • Invited as a Faculty (speaker) in at 1st World Pain Symposium & 3rd ICIPM (International Conference on Intervention Pain Management) November, 2013 at Kolkata. • Invited as a Faculty in Workshop on “Advanced Interventional Pain Management; Hands on Cadaveric & Live case Workshop” held at Padjadjaran University, 4-11th March 2014 at Bandung, Indonesia. • Invited as Faculty in Dhaka ,Bangladesh for Pain Conference in March, 2015 • Invited as a Faculty in International Pain Conference on Recent Advances (ICRA-PAIN) at Pune in August-2017
<p>Conference/workshop organizer:</p>	
<p>1. Organizer as chairman/ secretary or equivalent post in international conference</p>	<p>Organizing secretary of 7th SARPS (South Asian Regional Pain Society) Congress, Ahmedabad. 22nd-24th August,2014</p>
<p>2. Organizer other than these posts in international conference</p>	<p>Organizer (as member of scientific committee) at 1st ICIPM at Chennai Organizer (as member of scientific committee) at 2nd ICIPM, at New Delhi</p>
<p>3. Organizer as chairman/ secretary or equivalent post in national/state conference</p>	
<p>4. Organizer other than these posts in national/state conference</p>	
<p>Awareness program/ voluntary services/donations in pain management</p>	

<p>1. Free pain management camps for poor</p>	<p>Organized Free camps in developing parts of Gujarat & Rajasthan like</p> <ul style="list-style-type: none"> • Botad • Surendranagar • Lunavada • Aanand, Karamsad • Himmatnagar • Kutchh-Bhuj • Dungarpur (Rajasthan) • Sagwada (Rajasthan)
<p>2. Voluntary/free services in charitable hospital for poor or similar activities</p>	<p>Running Pain Clinic at Thakarshi Charitable Hospital for poor patients</p>
<p>3. Donation for pain treatment/ awareness activities for Rs 1 lakh or 2000USD or more</p>	<ul style="list-style-type: none"> • At Pain Care clinic , Consultation is done at 50% of routine charge & sometimes absolutely free for patients having BPL (Below Poverty line)Card. • Interventional Pain procedures are also done at 50% of cost.
<p>4. Free web based pain consultation</p>	<p>It is Done through our Website: www.paincareclinic.in</p>

<p>5. Pain awareness lectures for lay people</p>	<p>They are Organized at different association which are mentioned below</p> <ul style="list-style-type: none"> • Rotary Club of Ahmedabad, Vasna. • Rotary Club of Mehsana. • Ahmedabad Physitherapy Association • Elder People Association • Blind People association • Rajkot Trust • Rajkot Ortho association • Lunavada doctors assoiciation • Modasa Doctors association • Ghatlodiya Medical Association • Sabarmati Medical Association • Ahmedabad Medical Association • HCG- physicians associations • Asarwa Medical Association • Physiotherapy Association • Juhapura Medical association • Ranip Medical association • Sarkhej Juhapura Medical Association • Bopal Medical Association • Saraspur Medical Association • Maninagar Medical Circle • Gomtipur Medical Association • Indian Association of Physiotherapy • Indian Medical Association • CME Forum (Vejalpur, Memnagar, Vastrapur, Thaltej, Jivrajpark) • CME Vadaj • Maninagar Medical Association • Dr Yasin Patel (Juhapura) • Surendranagar Medical Association • Dholka Medical Association • Dehgam Medical Association • Heritage City Medical Association • Rotary Club
<p>6. Articles in magazine or newspaper for pain Awareness</p>	<p>Articles & News about below mentioned conditions are published in Leading News Papers like Gujarat Samachar, Akila, Sanjh Samachar, Divya Bhaskar, Gujarat Today</p> <ul style="list-style-type: none"> • Low back pain • Slipped disc & sciatica • Headache & its management, • Neck pain & its management • Frozen shoulder & its Management • Joints Pain like Knee Pain & its Management • Trigeminal Neuralgia & its Management • CRPS & its Management • Cancer Pain & its Management • Post Pregnancy Back Pain & its Management • Diabetic Neuropathy & its Management • Upper Limb Pain & its management • Radiofrequency Procedures

7. Television talk show for awareness

- Talk shows on TV 9 channel for 2 times
- Health talk on Sandesh News Channel for 2times
- Talk show on Girnar TV for one time
- Health show on V tv
- Hea